

Advanced Intervention Techniques, Differential Diagnosis, and Evaluation, for Patients with Foot and Ankle Complaints

Stephen Paulseth PT DPT SCS ATC Upon completion of this course, you will be able to:

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This course will teach manual therapy, taping techniques, and function exercises directed at the joints of the foot and ankle complex. Evidence-based practice guidelines, anatomical/biomechanical considerations, and hands-on skills will be emphasized in this lab-intensive course.



Prioritize a systematic examination that can be used to differentiate musculoskeletal from non-musculoskeletal pathologies.
Develop and apply a logical evaluation strategy to allow for the development of an appropriate intervention plan.
Create a patient specific intervention program consisting of mobilization, taping techniques, and innovative exercises based on evaluation findings.
Summarize the evidence-based literature to support and/or refute the use of examination techniques, manual therapy, taping strategies, and exercise for the foot and ankle complex.
Integrate the APTA clinical practice guidelines into a comprehensive evaluation and intervention plan for common foot and ankle problems.

DAY 1

Intro & Overview: Terminology Course Assumptions

Practicing in a Direct Access Model: Overview
Clinical Anatomy and Biomechanics: Pathologic Processes that can affect Practice for Direct Access Clinician

Assessing for causes of Non-Musculoskeletal Pain: A Systematic Model

Differential Diagnosis: Pearls & Perils in a Direct Access Model

Evaluating the Foot and Ankle: Signs, Symptoms, and Movement Dysfunction

Treatment Models Based on Patient Categorization

Anatomy, Biomechanics & Treatment Techniques for the Hindfoot

Leg and Hindfoot: Development of an Individualized Treatment Programs

Concluding Remarks, Discussion, and Summary

DAY 2

Anatomy, Biomechanics, and Treatment Techniques for the Midfoot

Midfoot: Development of an Individualized Treatment Programs

Anatomy, Biomechanics, and Treatment Techniques for the Forefoot

Forefoot: Development of Individualized Treatment Programs

Evidence-Based Approach to Manual Therapy, Taping and Exercise: Achilles Tendinopathy, Ankle Sprain, Plantar Fasciitis

Integrating Concepts in Complex Case Studies

Concluding Remarks, Discussion & Summary

CEU's available

\$495 before December 1, 2014; \$545 after December 1, 2014; \$575 at the door

Register today: <http://paulsethpt.com/footcourse/>